



Hollin Primary School  
Waverley Road  
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**Headteacher:** Mr David Fenton

**Deputy Headteacher:** Mrs Paula Keogh

Friday 3<sup>rd</sup> December 2021

Dear Parent/Carer,

### Relationships Education

The Department for Education (DfE) issued statutory requirements for Relationships and Health Education

From September 2020, schools are required to teach Relationships and Health Education.

You can read about these changes in this DfE guide for parents here:

<https://www.gov.uk/government/publications/relationships-sex-and-health-education-guides-for-schools>

The covid 19 pandemic delayed the changes to the curriculum for many schools and here at Hollin we planned to implement the changes in order for Relationships Education to begin this autumn term.

So what was: Personal, health and social education with citizenship is now Relationships and Health Education under the collective name RHE.

The DfE also strongly encourages primary schools to deliver sex education to help prepare children for their transition to secondary school. At Hollin we do this as part of our science and reproduction topics and RSE in upper Key stage 2 teaching the children about healthy relationships.

Most schools are already delivering very effective Relationships and Health Education and the new guidance is simply about ensuring that all children get the information they need and want. Some lessons will help children to learn about their bodies including the changes that take place at puberty, and will help keep them safe, so they can form healthy relationships (friendships) with others, now and in the future.

### Coram Life Education (SCARF)

At our school we are using the leading children's health and wellbeing charity, Coram Life Education (CLE) to support us in meeting these legal requirements.

- Using Coram Life Education's online SCARF teaching resources. You can view these here:



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<https://www.coramlifeeducation.org.uk/scarf/year/>

More information about Coram Life Education and SCARF can be found on their website:

[www.coramlifeeducation.org.uk](http://www.coramlifeeducation.org.uk)

We know that RSE has a protective factor when it comes to safeguarding children. 1 in 20 children are sexually abused and 1 in 3 of these not report this to an adult. Sexual abuse can happen to any child; the best way to safeguard children is to ensure that they receive information on naming parts of their body, knowing the difference between appropriate and inappropriate touch, and having the skills and confidence to find and talk to a trusted adult to report any abuse. Research shows that not delivering this vital education can put our children at greater risk of poor mental health.

Research also shows that children with better health (including mental health) and wellbeing are likely to achieve better academically. By learning about positive relationships, respect for themselves and others, and behaving appropriately and safely online, they are better able to enjoy their friendships and therefore focus more at school.

We recognise that parents play a vital part in their child's RHE, and we encourage you to discuss these themes with your child at home as well. If further advice or support is required, or if you have any questions about the programme or would like to view the resources, please don't hesitate to speak to Mrs P Keogh.

#### Policy Consultation

You can view our policy on the school website live now. The consultation period will end on 15<sup>th</sup> December 2021. Any contributions to [pkeogh@hollin.rochdale.sch.uk](mailto:pkeogh@hollin.rochdale.sch.uk). We will continue to review and develop the school's policy for RHE with your input.

Kind regards

Paula Keogh

Deputy Headteacher

